

THE ULTIMATE TRAVEL PACKING *checklist*

TRAVEL DOCUMENTS

- PASSPORT AND VISAS
- TRAVEL INSURANCE DOCUMENTS
- CAR DOCUMENTS
- CONTACT NUMBERS
- FLIGHT DETAILS, HOTEL DETAILS, PHRASES FOR YOUR DESTINATION
- MEDICATION PAPERWORK
- PAPERWORK FOR A CHILD TRAVELLING WITH YOU WHO DOES NOT SHARE THE SAME FAMILY NAME
- LOYALTY CARDS AND FREQUENT FLYER NUMBERS
- TRAVEL MONEY

GADGETS

- TRAVEL ADAPTER.
- MULTI PLUG PORT
- NOISE-CANCELLING HEADPHONES
- LAPTOP OR TABLET AND CASE
- ALL CHARGING CABLES
- TRAVEL CAMERA
- SPARE BATTERIES OR HARD DRIVES
- TORCH OR HEAD LAMP
- POWER BANK
- CABLE ORGANISER

MEDICAL SUPPLIES

- PRESCRIPTION MEDICATION
- PARACETAMOL
- TRAVEL FIRST AID KIT
- SUNSCREEN
- BUG SPRAY
- ALL LENSES
- TRAVEL SICKNESS PILLS



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TOILETRIES

- TOOTHBRUSH & TOOTHPASTE
- HAIRBRUSH AND HAIR PRODUCTS/ACCESSORIES
- MOISTURISER
- SUNSCREEN
- DEODORANT
- MOUTHWASH, DENTAL FLOSS
- SHOWER GEL, SHAMPOO AND CONDITIONER
- TWEEZERS, NAIL SCISSORS OR CLIPPERS
- EAR BUDS AND EAR PLUGS
- MAKE UP AND MAKE UP REMOVER
- TAMPONS AND SANITARY PADS
- RAZOR AND SHAVING CREAM
- EYE DROPS

BEACH

- SWIMWEAR X 2
- LIGHTWEIGHT COVER UP
- FLIP FLOPS OR SANDALS
- LIGHTWEIGHT BAG
- SUNHAT
- PLASTIC BAGS

SPORTS

- FOOTWEAR - SPECIALIST SHOES AND BOOTS OR SOCKS
- SPORTS BAG
- SPORTS BRA
- LAYERED SPORTS CLOTHES

BUSINESS

- BUSINESS CARDS
- PASS OR ID
- WORKOUT CLOTHES - INC SWIMWEAR AND GOGGLES
- LINT ROLLER
- SUIT HOLDER

OFF THE BEATEN PATH

- TOILET PAPER
- LAUNDRY DETERGENT
- ADVANCED FIRST AID KIT
- WATER BOTTLE
- WET WIPES AND SANTIZER
- TRAVEL ALARM

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CLOTHES

- UNDERWEAR - ONE PER DAY
- SOCKS - ONE PAIR PER DAY
- TOPS/T SHIRTS/SHIRTS/DRESS- ONE PER DAY
- TROUSERS - 2-3 PER 10 DAYS. ONE PAIR IF HOT WEATHER DESTINATION.
- COAT
- SHORTS AND SKIRTS - 1 PER 10 DAYS. 2-3 IF HOT WEATHER DESTINATION
- PULLOVER/CARDIGAN/JUMPER /JERSEY - ONE PER FIVE DAYS
- SHOES - ONE SNAZZY PAIR, ONE CASUAL PAIR.
- SLEEPWEAR

OPTIONAL CLOTHES

- BLAZER/JACKET/ SUIT
- SPECIAL SPORTS CLOTHES OR BEACH WEAR
- TIES
- JEWELLERY
- HATS
- HAIR ACCESSORIES

TRAVEL HACKS

- SWISS ARMY KNIFE
- HEAD TORCH
- FOOD
- TISSUES AND TOILET PAPER
- PACKING CUBES
- TRAVEL PILLOW
- BOOK OR MAGAZINE
- SAFARI VEST
- EYE MASK AND EAR PLUGS
- SCARF
- A SPARE BAG
- GLASSES CASE
- TRAVEL UMBRELLA